



Living Free

Warm-up

What do you think God delights in?

The Word

Over these past five weeks we have all learned a lot. We've seen that God really wants us to be free and to experience a truly abundant life. As we have heard this past weekend, enjoying this freedom is not a one-time event; God wants us to live in this freedom.

Read **Galatians 5:1**

- What does this scripture say about freedom, and what does this mean for you?
- Describe the times you feel closest to God.

This weekend we learned the three scriptural keys to maintain freedom. The first key is humility.

Read **Proverbs 11:2**

- In your own words what does it mean to be humble, and what does that have to do with living a life of freedom in Christ?

The second key to maintain freedom is honesty.

Read **James 5:16**

The book of James chapter 5 talks about the power of honesty and that healing comes when someone decides to live that way.

- Describe a time that it was difficult for you to be honest. Did you make the right decision? What was the outcome?

The final step we learned in order to maintain freedom is to be filled with the Holy Spirit.

Read Romans 8:9

- How does being filled with the Holy Spirit enable you to maintain freedom?

As we live in the presence and power of the Holy Spirit we will be able to let go of the baggage and experience three things: a new strength, a new identity, and a new joy.

Read **Psalms 16:11**

After reading Psalms 16:11

- How can God's promises in this scripture help you live a life of freedom?

We've seen that God really wants us to be free and to experience a truly abundant life. In order to do that we must be humble, honest and filled with the Holy Spirit.

Prayer

Pray for and encourage those who want to walk in God's freedom to be humble, honest, and continually filled with the Holy Spirit.